Please write clearly in block capitals.

Centre number        Candidate number
Surname
Forename(s)
Candidate signature

GCSE
HEALTH AND SOCIAL CARE

Unit 1  Understanding Personal Development and Relationships

Friday 17 June 2016        Afternoon        Time allowed: 1 hour 15 minutes

Materials
- You will need no other materials.

Instructions
- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer all questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information
- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in Question 3.
Answer all questions in the space provided.

<p>| | |</p>
<table>
<thead>
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| 1 | Rob is 31 years old and has a daughter named Mia and a son named William.  
   |   | - Mia is 2 years old.  
   |   | - William is 5 years old. |
| 1 (a) | What is Rob's life stage? | [1 mark] |
| 1 (b) | What is Mia's life stage? | [1 mark] |
| 1 (c) | What is the age range for Rob's life stage? | [1 mark] |
| 1 (d) | What is the age range for Mia's life stage? | [1 mark] |
| 1 (e) | What is the age range for William's life stage? | [1 mark] |
As infants grow they develop fine and gross motor skills.

2 (a) Tick the correct box to identify whether scribbling with a crayon is a gross motor skill or a fine motor skill. [1 mark]

<table>
<thead>
<tr>
<th>Gross</th>
<th>Fine</th>
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2 (b) Tick the correct box to identify whether climbing up a tree is a gross motor skill or a fine motor skill. [1 mark]

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2 (c) Tick the correct box to identify whether standing on one foot is a gross motor skill or a fine motor skill. [1 mark]

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2 (d) Tick the correct box to identify whether cutting with scissors is a gross motor skill or a fine motor skill. [1 mark]

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2 (e) Tick the correct box to identify whether kicking a ball is a gross motor skill or a fine motor skill. [1 mark]

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</table>
Lilly is an 18-year-old female who has developed normally.

Describe how Lilly will have developed **physically** between the ages of 7 and 18.

Quality of Written Communication will be assessed in your answer.  

[9 marks]
Sophia is 18 years old and is going to university to study for her degree. For the next 3 years Sophia will live away from home.

Explain the likely effects on Sophia's development of studying for a degree and living away from home.

[6 marks]
Malik is a social work team leader.  
Carlo and Sasha are social workers in Malik’s team.  
Malik is married to Cassie who is a dental technician.  
Cassie likes going to the gym with Carlo’s sister, Dawn.

From the information above, give one example of each of the following types of relationship:

5 (a) A peer relationship.  [1 mark]
________________________________________ and _______________________________________

5 (b) A friendship.  [1 mark]
________________________________________ and _______________________________________

5 (c) A working relationship.  [1 mark]
________________________________________ and _______________________________________

5 (d) An intimate, personal and sexual relationship.  [1 mark]
________________________________________ and _______________________________________

5 (e) A family relationship.  [1 mark]
________________________________________ and _______________________________________
6 Identify four expected life events from the following:

- Being disabled in an accident
- Menopause
- Redundancy
- Retirement from work
- Leaving school
- Getting a promotion at work
- Having a baby
- Death of a friend

[4 marks]

1 ____________________________

2 ____________________________

3 ____________________________

4 ____________________________

7 (a) Identify three non-essentials in the following list:

- Food shopping
- Home gas bills
- Foreign holidays
- Bus fares to work
- Jewellery
- Leisure centre membership
- Mortgage payments

[3 marks]

1 ____________________________

2 ____________________________

3 ____________________________
7 (b) Explain how having a low paid job may affect a person’s health and well-being. [6 marks]
A person’s blood group is a physical factor which is inherited.

Give **two** other examples of physical factors which are inherited. 

[2 marks]

1

2
9

- Jadon is a young adult male.
- He exercises every other day in a local gym.
- Every weekday Jadon cycles ten miles to work.

Explain the likely benefits of exercising in a local gym and cycling on Jadon’s health and development.

[5 marks]
10

- Karyna has a stimulating job as a Family Support Worker.
- She recently divorced.
- She lives in a small flat with her three children who are 6, 8 and 10 years old.
- Karyna is studying part-time for an Open University degree.
- Karyna's diet is unbalanced because she eats too much food.

Explain how the different factors in Karyna's life may **interrelate** to affect her health and well-being.

[6 marks]

________________________________________________________________________

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11 Briefly explain how each of the following may affect a person’s self-concept.

11 (a) Being thought of as a mature individual. [2 marks]

11 (b) Leaving school with poor examination results. [2 marks]

11 (c) Living to a very old age. [2 marks]

Turn over for the next question
12  
- Oscar is very upset after the recent death of his wife, Emily.
- Oscar and Emily had a long and happy marriage.

12 (a)  Suggest one type of professional carer who could help Oscar. Give two different ways the professional carer could help Oscar.  

[3 marks]

Professional carer  

1 Could help by  

2 Could help by  

12 (b)  Suggest one type of non-professional carer who could help Oscar. Give two different ways the non-professional carer could help Oscar.  

[3 marks]

Non-professional carer  

1 Could help by  

2 Could help by  

13  
Isla is five years old. She is suffering from long-term neglect. Give two likely effects of long-term neglect on Isla’s health and development.  

[2 marks] 

1  

2  

END OF QUESTIONS
There are no questions printed on this page

DO NOT WRITE ON THIS PAGE
ANSWER IN THE SPACES PROVIDED
There are no questions printed on this page

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