Different ways to categorise change and continuity

You can think of change and continuity in different ways or categories, but some of the most common ways are:

- Technological
- Cultural
- Social
- Political
- Economic

More than one!

Think about more than one change or aspect of continuity. A key event, issue, individual or group may create more than one change or aspect of continuity.

Consider change and continuity in context

There are different ways to think about change and continuity in a broader context which can interlink and overlap with each other.

- Time
  - Change can vary over time. A change could affect people differently over a short, medium or long period of time.
- Place
  - The impact of change can vary depending on location.
- People
  - Change can affect people in different ways and on different scales.
- Scale
  - A small change might have little effect whereas a big change might have a large effect.

Useful phrases when writing about change/continuity...

- This was a change because...
- This led to...
- This developed...
- As a result of...
- Consequently....
- This reflects how...
- Different changes happened in different places because...
- In the short term...
- In the long term...

Change and continuity

- Sudden
- Steady
- Gradual
- Fast
- Stop start

What’s change?

Something that has been changed, altered or made different in some way over time. This could be a variety of things such as: a development, an idea, an institution.

Remember: The rate of change can vary. Change can be gradual, occurring over a long period of time. Or change could be sudden. It could be slow and steady or it could be stop-start.

What’s continuity?

Continuity is the concept that some aspects of history have remained the same or more or less the same over time.