

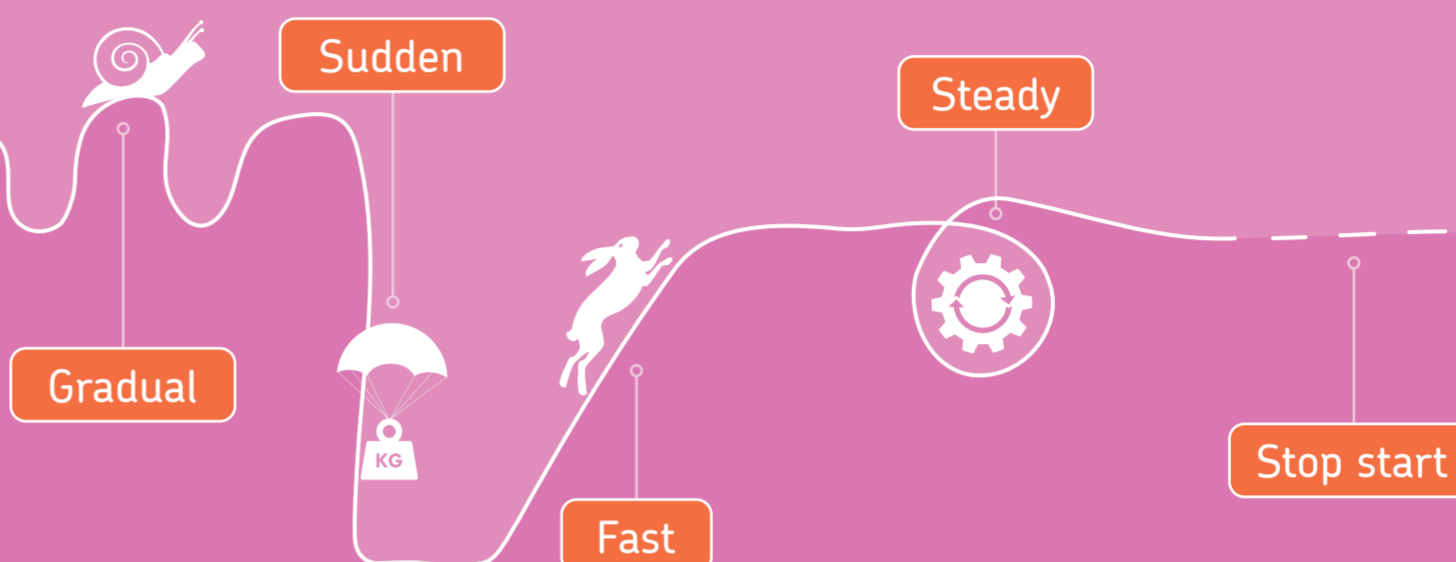
Change and continuity

What's change?

Something that has been changed, altered or made different in some way **over time**.

This could be a variety of things such as: a development, an idea, an institution.

Remember: The rate of change can vary. Change can be **gradual**, occurring over a long period of time OR change could be **sudden**. It could be slow and **steady** or it could be **stop-start**.



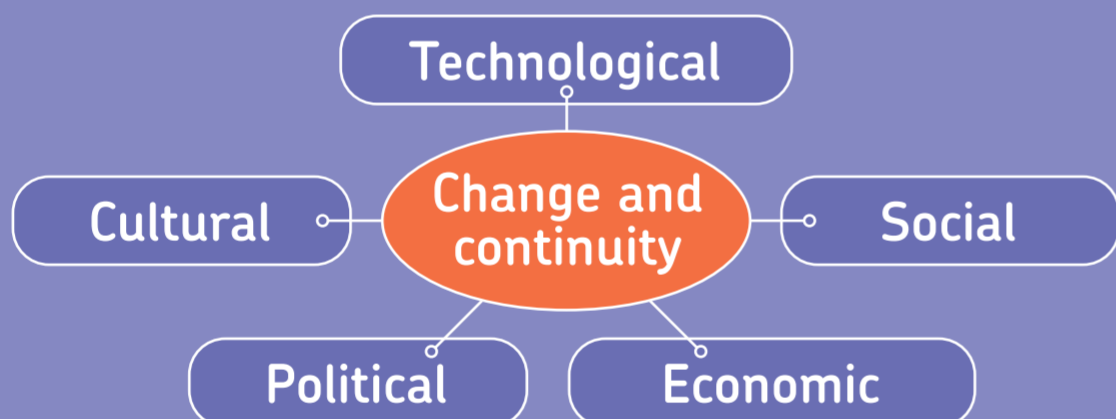
What's continuity?

Continuity is the concept that some aspects of history have **remained the same** or more or less the same over time.



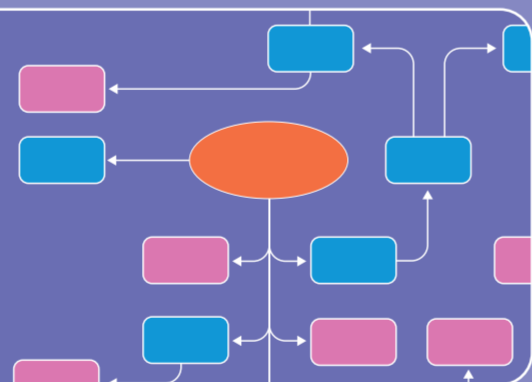
Different ways to categorise change and continuity

You can think of change and continuity in **different ways** or categories, but some of the most common ways are:



More than one!

Think about more than one change or aspect of continuity. A key event, issue, individual or group may create **more than one** change or aspect of continuity.



Consider change and continuity in context

There are **different ways** to think about change and continuity in a broader context which can interlink and overlap with each other.

Time

Change can vary over time. A change could affect people differently over a short, medium or long period of time.



Place

The impact of change can vary depending on location.



People

Change can affect people in different ways and on different scales.



Scale

A small change might have little effect whereas a big change might have a large effect.



Change and continuity

Useful phrases when writing about change/continuity...

This was a change because...
This led to...
This developed...
As a result of...



Consequently...
This reflects how...
Different changes happened in different places because...



Different groups experienced different changes because...
In the short term...
In the long term...

