

## Switching to AQA from Edexcel

If you're thinking of switching to AQA from Edexcel (from September 2016) this resource is an easy reference guide. We will take you through a comparison of subject content and assessment for each awarding body.

### Support

As well as great qualifications with AQA you benefit from:

- comprehensive resources that will help you confidently plan, teach and prepare for exams
- advice from our subject experts
- proven training to help you to introduce new specifications, improve your teaching skills or develop your leadership potential.

### Unit 1: Participation in sport and physical recreation

New AQA specification	Current Edexcel specification
Emergence of globalisation of sport in the 21st century (3.1.3.1)	Section 1.1: Healthy and active lifestyles
Concepts of physical activity and sport (3.2.4.1)	Concepts of recreation and active leisure
Diet and nutrition (3.2.1.1)	Nutrition and weight management
Body systems (3.1.1)	Responses and adaptations of the body systems
Preparation and training methods in relation to maintaining physical activity and sport (3.2.1.2)	Methods of fitness training
Principles of training (3.2.1.2)	Principles of fitness training
Laboratory conditions and field tests (3.2.1.2)	Fitness assessments
Sports analytics (3.2.4.8)	
Emergence of globalisation of sport in the 21st century (3.1.3.1)	Section 1.2: Opportunities and pathways
Drugs in sport (3.2.4.5)	The development of competitive sport

<p>Sport England, local and national partners to increase participation at grass roots (3.1.3.2.1)</p> <p>Development of elite performers in sport (3.2.4.2)</p> <p>The development of equipment and facilities in physical activity and sport, and their impact on participation and performance (3.2.4.8)</p> <p>Sociological theory applied to equal opportunities (3.1.3.2.1)</p>	<p>Performance pathways</p> <p>Lifelong involvement</p>
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## Unit 2: The critical sports performer

New AQA specification	Current Edexcel specification
<p>4.4: Non-exam assessment (NEA): Practical performance in physical activity and sport.</p> <p>Personal performance</p> <p>One role in one activity</p> <p>Demonstrate and apply relevant skills and techniques in physical activity and sport.</p>	<p>Task 2.1: Personal performance</p> <p>One or more roles in two activities</p>
	<p>Task 2.2: Local study</p> <p>Independent research on provision at local level</p> <p>1,000 words</p>
	<p>Task 2.3: National study</p> <p>Independent research on provision for national level (route to elite)</p> <p>1,000 words</p>
<p>4.4: Non-exam assessment (NEA): Practical performance in physical activity and sport.</p> <p>Analyse and evaluate performance and identify areas of improvement</p>	<p>Task 2.4: Performance analysis</p> <p>Based on own and others performance</p> <p>(written and verbal)</p>

(verbal or written)	
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### Unit 3: Preparation for optimum sports performance

New AQA specification	Current Edexcel specification
Injury prevention, rehabilitation and recovery (3.2.1.3) Energy systems (3.1.1.6) Diet and nutrition (3.2.1.1) Motivation (3.2.3.1.6) Stress management (3.2.3.1.14) Arousal (3.2.3.1.3) Anxiety (3.2.3.1.4) Social facilitation (3.2.3.1.8)	Section 3.1: Short-term preparation Short-term physiological preparation Short-term psychological preparation Fatigue and the recovery process
Energy systems (3.1.1.6) Preparation and training methods (3.2.1.2) Importance of goal setting (3.2.3.1.10) Achievement motivation theory (3.2.3.1.7) Group dynamics (3.2.3.1.9)	Section 3.2: Long-term preparation Long-term physiological preparation Long-term psychological preparation
Development of elite performers in sport (3.2.4.2) Sports analytics (3.2.4.8)	Section 3.3: Managing elite performance Centres of excellence Technical support

### Unit 4: The developing sports performer

New AQA specification	Current Edexcel specification
4.4: Non-exam assessment (NEA): Practical performance in physical activity and sport. Analyse and evaluate performance and identify areas of improvement	Task 4.1: Development plan

(verbal or written)	
	Task 4.2: International study Independent research on provision within another nation
4.4: Non-exam assessment (NEA): Practical performance in physical activity and sport.  Personal performance  One role in one activity  Demonstrate and apply relevant skills and techniques in physical activity and sport.	Task 4.3: Progressive participation Personal performance in one activity
	Task 4.4 Life plan Independent research into participation

## Assessment

New AQA specification	Current Edexcel specification
Paper 1: Factors affecting performance in physical activity and sport  35% of A-level  2 hours  105 marks	AS Unit 1: Participation in sport and recreation (6PE01)  25% of total GCE  1 hour and 30 minutes  90 marks
Paper 2: Factors affecting optimal performance in physical activity and sport  35% of A-level  2 hours  105 marks	AS Unit 2: The critical sports performer (6PE02)  25% of total GCE  Internal assessment  90 marks
Non-exam assessment (NEA): Practical performance in physical activity and sport  30% of A-level	A2 Unit 3: Preparation for optimum sports performance (6PE03)  25% of total GCE

Internal assessment/external moderation 90 marks	2 hours 90 marks
N/A	A2 Unit 4: The developing sports performer (6PE04) 25% of total GCE Internal assessment 90 marks