

Switching to AQA from Edexcel

If you are thinking of switching from Edexcel to AQA (from September 2016), this resource is an easy reference guide. We will take you through a comparison of subject content and assessment.

Support

As well as great qualifications with AQA, you benefit from:

- comprehensive resources that will help you confidently plan, teach and prepare for exams and non-exam assessment
- advice from our subject experts
- proven training to help you to introduce new specifications, improve your teaching skills or develop your leadership potential.

Content

The human body and movement in physical activity and sport

Applied anatomy and physiology

New AQA specification (8582)	Current Edexcel specification (5PE01)
The structure and functions of the musculoskeletal system.	A healthy, active lifestyle and your cardiovascular system.
The structure and functions of the cardio-respiratory system.	A healthy, active lifestyle and your respiratory system.
Anaerobic and aerobic exercise.	A healthy, active lifestyle and your muscular system.
The short and long-term effects of exercise.	A healthy, active lifestyle and your skeletal system.

Movement analysis

New AQA specification (8582)	Current Edexcel specification (5PE01)
Lever systems, examples of their use in activity and the mechanical advantage they provide in movement.	None – AQA only content.
Planes and axes of movement.	

Physical training

New AQA specification (8582)	Current Edexcel specification (5PE01)
The relationship between health and fitness and the role that exercise plays in both.	Exercise and fitness as part of your healthy, active lifestyle.
The components of fitness, benefits for sport and how fitness is measured and improved.	Physical activity as part of your healthy, active lifestyle.
The principles of training and their application to personal exercise/training programmes.	Physical activity and your health mind and body.
How to optimise training and prevent injury.	None – AQA only content.
Effective use of warm up and cool down.	None – AQA only content.

Use of data

New AQA specification (8582)	Current Edexcel specification (5PE01)
Demonstrate an understanding of how data is collected — both qualitative and quantitative.	None – AQA only content.
Present data.	
Analyse and evaluate data.	

Socio-cultural influences and well-being in physical activity in sport

Sport psychology

New AQA specification (8582)	Current Edexcel specification (5PE01)
Classification of skills (basic/complex, open/closed).	None – AQA only content.
The use of goalsetting and SMART targets to improve and/or optimise performance.	
Basic information processing.	
Guidance and feedback on performance.	
Mental preparation for performance.	

Socio-cultural influences

New AQA specification (8582)	Current Edexcel specification (5PE01)
Engagement patterns of different social groups in physical activity and sport.	Influences on your healthy, active lifestyle.
Commercialisation of physical activity and sport.	None – AQA only content.
Ethical and socio-cultural issues in physical activity and sport.	None – AQA only content.

Health, fitness and well-being

New AQA specification (8582)	Current Edexcel specification (5PE01)
Physical, emotional and social health, fitness and well-being.	Healthy, active lifestyles and how they could benefit you.
The consequences of a sedentary lifestyle.	Your personal health and wellbeing.
Energy use, diet, nutrition and hydration.	None – AQA only content.

Practical assessment

New AQA specification (8582)	Current Edexcel specification (5PE01)
<p>There are two aspects to the non-exam assessment (NEA).</p> <p>The NEA will be marked out of 100 marks.</p>	<p>This unit has two sections:</p> <p>Section 2.1: Practical performance</p> <p>Section 2.2: Analysis of performance</p> <p>The total number of raw marks available in the GCSE is 50.</p>
<p>Performance assessment (75 marks)</p> <p>Students are required to be assessed in three different activities in the role of player or performer only. They must choose:</p> <ul style="list-style-type: none"> • a team activity • an individual activity • either a team or individual activity. <p>Students can only be assessed in activities identified in our specification.</p> <p>They can only be assessed once for an activity, even if it is in the individual and team activity list. For example, they may not be assessed in both doubles tennis and singles tennis.</p> <p>Part 1: Skills (10 marks per activity)</p> <p>Part 2: Full context (15 marks per activity)</p>	<p>Section 2.1:</p> <ul style="list-style-type: none"> • Students must offer Four performances in the role of either player/participant, official or leader. • At least two of the four performances must be in the role of player/participant. • Performances must be taken from a minimum of two different activity groups. • 4 x 10 = 40 marks
<p>Performance analysis assessment — analysis and evaluation (25 marks)</p>	<p>Section 2.2:</p> <ul style="list-style-type: none"> • Analysis of performance requires all students to undertake an analysis of performance, which is made up of five separate components.

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| | <ul style="list-style-type: none">• Derived total = 20 marks —
sub-total /2 = /10 marks. |
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