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# **AQA qualification training**

**GCSE Physical Education**

**An introduction to the new specification**

**General information and PowerPoint slides**

**BOOKLET 1**

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## Contacts

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## Programme for the day

- Overview of the new specification
  - Underlying principles and key features
  - Specification at a glance
- Paper 1 – The human body and movement in physical activity and sport
  - Core content
  - The question paper and question types
- Paper 2 – Socio-cultural influences and well-being in physical activity and sport
  - Core content
  - The question paper and question types
- Non-exam assessment – Practical performance in physical activity and sport
  - Performance assessment – practical exemplar
  - Performance analysis assessment
- Support and resources
- Timeline

# GCSE Physical Education Introduction to the new specification

Ross Howitt  
Autumn 2015

## Structure of the session

### Overview of the new specification

- Underlying principles and key features
- Specification at a glance

### Paper 1 – The human body and movement in physical activity and sport

- Core content
- The question paper and question types

### Paper 2 – Socio-cultural influences and well-being in physical activity and sport

- Core content
- The question paper and question types

### Non-exam assessment – Practical performance in physical activity and sport

- Performance assessment – practical exemplar
- Performance analysis assessment

### Support and resources

### Timeline

## Objectives

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- Understand the key elements of the specification structure, teaching content and assessment
- Think about the implications for teaching and learning
- Review the resources and support available
- To give you the chance to ask questions about the specification

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## Context of the new GCSE PE specification

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- Developed by an experienced team of teachers and examiners
- Designed to engage young people in this subject and provide effective assessments across the ability range
- Fulfils all new National Curriculum and Ofqual requirements
- Complements other qualifications in this subject, ie A-level PE
- Submitted to Ofqual for accreditation. Approval expected by Autumn 2015
- Assuming approval, the new specification is for teaching from September 2016 with first assessment in summer 2018

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## Government requirements

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- All GCSEs must be harder
- 60% theory and 40% practical content
- DfE stipulated theoretical content
- Reduced activity list, which is common across all awarding organisations
- Students to be assessed in three activities as a player or performer
- One assessment must be in a team sport or activity, one assessment must be in an individual sport or activity and a third can be from either a team or an individual sport or activity

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## Assessment objectives

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### Assessment Objectives

- |            |  |
|------------|--|
| <b>AO1</b> | <b>Demonstrate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport (25%)</b> |
| <b>AO2</b> | <b>Apply knowledge and understanding of factors that underpin performance and involvement in physical activity and sport (20%)</b>       |
| <b>AO3</b> | <b>Analyse and evaluate factors that underpin performance and involvement in physical activity and sport (15%)</b>                       |
| <b>AO4</b> | <b>Demonstrate and apply relevant skills and techniques in physical activity and sport (30%)</b>   |
|            | <b>Analyse and evaluate performance (10%)</b>  |

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## Your feedback on current specification

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- Ambiguity in the depth of teaching required
- Necessity to use two documents to teach theoretical content
- Content was dated, eg organisations and campaigns
- Use of and preparation for scenario questions
- No obvious reference point for definitions and key terms
- Lack of continuity and flow between key GCSE and A-level terms and practical
- One model fits all activity criteria

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## We've acted on your feedback

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- Written content in sufficient detail to clarify depth of teaching required
- Included topics you have told us your students enjoy, eg performance enhancing drugs, hooliganism, anatomy and physiology
- Removed the scenario due to narrowing of teaching
- Developed a subject specific vocabulary, a definitive glossary of terms, which has been cross referenced with A-level
- Where possible, we ensured that theoretical content acts as preparation for A-level study with AQA
- Produced several criteria that are activity specific

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## Overview of specification content

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data
- Practical performance

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## Specification at a glance

<p>Component 1: The human body and movement in physical activity and sport</p> <p><b>Written Paper</b></p>	30%	<ul style="list-style-type: none"> <li>• 1 hour 15 minutes written paper</li> <li>• 78 marks</li> <li>• Combination of multiple choice, short answer and extended writing questions</li> <li>• Applied anatomy and physiology, movement analysis, physical training and use of data</li> </ul>
<p>Component 2: Socio-cultural influences and well-being in physical activity and sport</p> <p><b>Written Paper</b></p>	30%	<ul style="list-style-type: none"> <li>• 1 hour 15 minutes written paper</li> <li>• 78 marks</li> <li>• Combination of multiple choice, short answer and extended writing questions</li> <li>• Sports psychology, socio-cultural influences, health, fitness and well-being and use of data</li> </ul>
<p>Component 3: Practical performance in physical activity and sport</p> <p><b>NEA</b></p>	40%	<ul style="list-style-type: none"> <li>• 100 marks</li> <li>• Internal assessment, external moderation</li> </ul>

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## A balanced approach to assessment

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- Two evenly balanced papers
- Six mark extended answer questions
- Multiple choice questions
- Amount of content taught vs amount of assessment
- Holistic assessment of progressive skills in non-exam assessment (NEA)
- Greater weighting to full competitive context in NEA

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## Why choose our new GCSE PE specification

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We want you to enjoy teaching as much as your students will enjoy learning, so we've:

- worked closely with teachers, Higher Education and the Youth Sport Trust to develop a new specification that will inspire teaching and learning
- worked hard to ensure that the new content is clear and straightforward for you to plan and teach
- developed the GCSE, AS and A-level in tandem, to create a consistent approach to teaching and assessment throughout our suite of physical education qualifications
- Whilst incorporating the regulatory changes you'll see that at its heart, our GCSE has retained its passion and enthusiasm for PE

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## Key features and benefits of our specification

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- New contemporary topics relevant to today's sporting world, will give students of all abilities a well-rounded skill set to prepare them for further study.
- Our assessment structure is now even clearer and the new exam paper layout will help your students see exactly what topics they are being assessed on.
- Our suite of resources will include face-to-face and online training events, schemes of work, lesson plans, exemplar student responses and exemplar practical footage.
- In addition to our free resources, Hodder Education has been selected to enter our approval process to create textbooks for GCSE, AS and A-level Physical Education.

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## Any questions

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## Paper 1 – The human body and movement in physical activity and sport



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## Paper 1 – content and skills

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### **The human body and movement in physical activity and sport**

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

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## Paper 1 – structure of question paper

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- 1 hour 15 minutes
- 78 marks
- 30% of total marks
- Answer all questions
- Combination of multiple choice, short answer and extended writing questions

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## Paper 1 – exemplar questions

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## Any questions

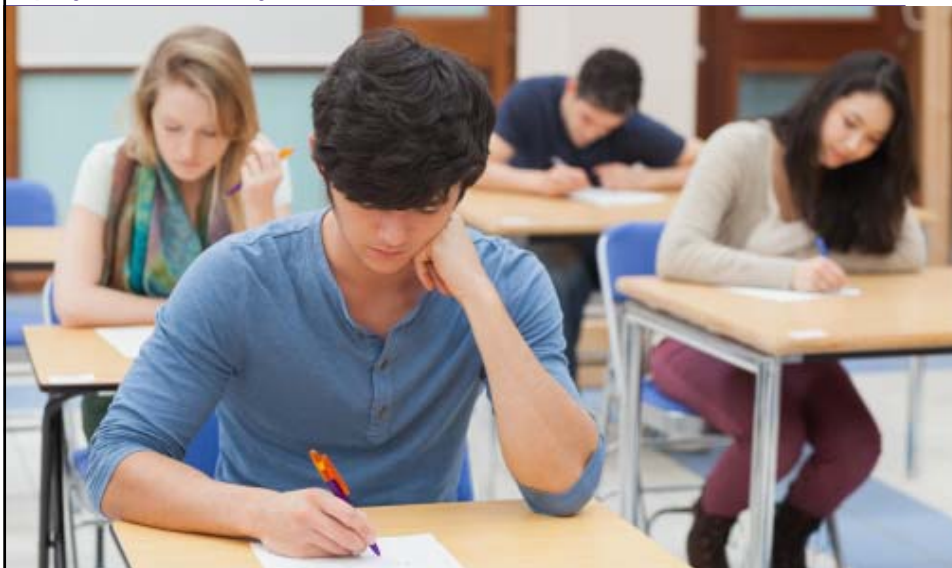


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## Paper 2 – Socio-cultural influences and well-being in physical activity and sport



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## Paper 2 – content and skills

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### **Socio-cultural influences and well-being in physical activity and sport**

- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

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## Paper 2 – structure of question paper

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- 1 hour 15 minutes
- 78 marks
- 30% of total marks
- Answer all questions
- Combination of multiple choice, short answer and extended writing questions

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Paper 2 – exemplar questions

Any questions



## Non-exam assessment (NEA)



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## NEA – Practical performance in physical activity and sport

- 40% non-exam assessment
- 100 marks
- Internal assessment, external moderation
- Broken down into two sections:
  - i. performance assessment (practical performance)
  - ii. performance analysis assessment (analysis and evaluation)

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## Performance assessment (practical performance)

- 30% of overall qualification
- 75 marks
- Students assessed in three activities as a player or performer (25 marks per activity)
- One assessment must be in a team sport or activity, one assessment must be in an individual sport or activity and a third can be from either a team or an individual sport or activity
- Students can only be assessed in activities listed in the specification
- For each activity, students will be assessed in:
  - i. skills (10 marks per activity)
  - ii. full context (15 marks per activity)

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## Activity list

Team activities			Individual activities		
Association football	Badminton	Basketball	Amateur boxing	Athletics	Badminton
Camogie	Cricket	Dance	Canoeing	Cycling	Dance
Gaelic football	Handball	Hockey	Diving	Golf	Gymnastics
Hurling	Lacrosse	Netball	Equestrian	Kayaking	Rock climbing
Rowing	Rugby League	Rugby Union	Rowing	Sculling	Skiing
Squash	Table tennis	Tennis	Snowboarding	Squash	Swimming
Volleyball			Table tennis	Tennis	Trampolining
Specialist team activities			Specialist individual activities		
Blind cricket	Goal ball	Powerchair football	Boccia	Polybat	
Table cricket	Wheelchair basketball	Wheelchair rugby			

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## Performance assessment analysis – badminton exemplar

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## Performance analysis assessment – analysis and evaluation

- 10% of overall qualification
- 25 marks
- Students will be assessed on:
  - i. analysis (15 marks per activity)
  - ii. evaluation (10 marks per activity)
- Students can analyse and evaluate their own performance or the performance of another person
- Analysis and evaluation can only be carried out on an activity listed in the specification
- Can be carried out in either written or verbal format – if verbal, audio-visual evidence

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## Performance analysis assessment – marking criteria

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### **Analysis – strengths and weaknesses (15 marks)**

Analyse a performance in one activity from the specification in order to identify and justify two strengths and two weaknesses

One strength and one weakness should be a fitness component

One strength and one weakness should be a specific skill/technique or tactic/strategy/aspect of choreography (as appropriate)

### **Evaluation – the use of theoretical principles to cause improvement (10 marks)**

Produce an overall action plan that suggests ways to improve upon the identified weaknesses

Use appropriate theoretical content in action plan

Students will not be assessed on whether improvement actually occurs

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## Suggestions for managing and planning..

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1) How will the reduction of activities and number of assessments impact on your teaching and how would you manage this change?

2) Is your initial reaction to the reduction in the number of assessments to offer a limited number of activities, eg five activities per student and choosing the best three?

3) For the analysis and evaluation task, what do you think would best suit your students, eg written only, verbal only or a mixture of both?

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## On-going support and resources



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## Resources

Current	Spring 2016	On-going
Specimen assessment materials (SAMs)	An additional set of SAMs	AQA website
Subject specific vocabulary	Exemplar practical footage and accompanying commentaries	e-AQA – Secure Key Materials
Command words	Exemplar analysis and evaluation work and accompanying commentaries	TOLS
Summary of changes	Training: free full day face-to-face preparing to teach events or 2 hour twilight live online events, from April 2016	Enhanced result analysis (ERA)
Specification comparison: AQA new to competitors' current		Exampro
Specification comparison: AQA new to competitors' new		

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## Resources 2 – Plan, Teach, Assess

Subjects / Physical Education / GCSE / Physical Education

### GCSE Physical Education

**Teaching from: September 2018**

Exams from: June 2018

Specification code: Draft      QAN code: TDC

We've worked closely with teachers and the Youth Sport Trust to develop a new specification with topics that will help all students to develop a well-rounded skill set and progress to further studies.


The activity list and the practical weighting will be the same across all exam boards, but we've worked hard to ensure that our new specification is engaging and assessment clearer.

There'll be free resources, events and practical guidance to support you with planning, teaching and preparing your students for assessment.

[Specification >](#)

[Specification at a glance >](#)

[Specimen papers and mark schemes >](#)



**Draft**

[Download specification](#)

#### Teaching resources

Plan	Teach	Assess
1	1	4
<p>Prepare for your teaching year. Information, support and services to help you deliver the specification.</p> <p><a href="#">All planning resources &gt;</a></p>	<p>Teaching resources that you can use to plan your lessons and support your students' learning.</p> <p><a href="#">All teaching resources &gt;</a></p>	<p>Prepare your students for assessment. Specimen and past papers, mark schemes, example answers.</p> <p><a href="#">All assessment resources &gt;</a></p>

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## Exampro

**exampro**



### Physical Education

Exampro PE provides online access to over 600 exam questions, their associated mark schemes and examiner comments.

#### Save time

Simply by dragging and dropping, you can turn questions into lessons, plenaries, listening tasks, topic tests or revision exercises, allowing you to assess your students' progress in minutes.

#### Get to know what the examiners want

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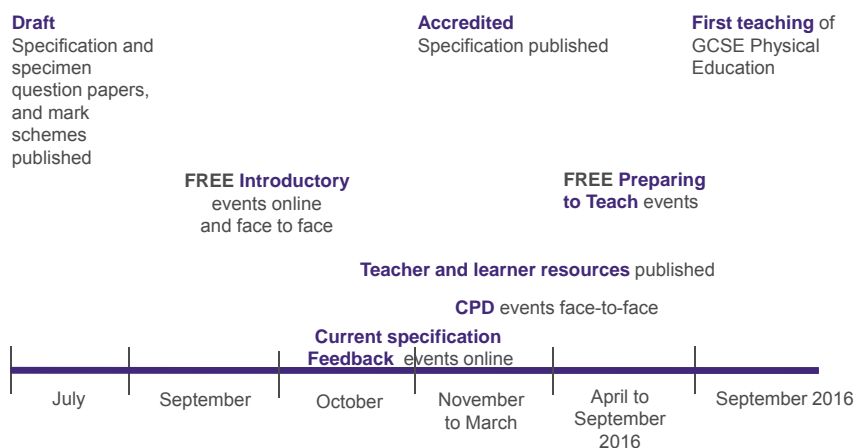
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## Timeline



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## Contact points for more information and guidance

### GCSE PE customer support team

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## Thank you

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