



**Surname** \_\_\_\_\_

**Other Names** \_\_\_\_\_

**Centre Number** \_\_\_\_\_

**Candidate Number** \_\_\_\_\_

**Candidate Signature** \_\_\_\_\_

**I declare this is my own work.**

**GCSE**

**PHYSICAL EDUCATION**

**Paper 2 Socio-cultural influences and  
well-being in physical activity  
and sport**

**8582/2**

**Friday 15 May 2020                      Afternoon**

**Time allowed: 1 hour 15 minutes**

**At the top of the page, write your surname  
and other names, your centre number,  
your candidate number and add your  
signature.**

**[Turn over]**



**For this paper you may use:**

- **a calculator.**

## **INSTRUCTIONS**

- **Use black ink or black ball-point pen. Pencil should only be used for drawing.**
- **Answer ALL questions.**
- **You must answer questions in the spaces provided. Do not write on blank pages.**
- **If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).**
- **Do all rough work in this book. Cross through any work you do not want to be marked.**



## **INFORMATION**

- **The marks for questions are shown in brackets.**
- **The maximum mark for this paper is 78.**
- **Questions should be answered in continuous prose. You will be assessed on your ability to:**
  - **use good English**
  - **organise information clearly**
  - **use specialist vocabulary where appropriate.**

**DO NOT TURN OVER UNTIL TOLD TO DO SO**

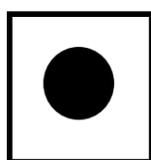


**Answer ALL questions.**

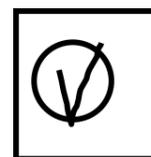
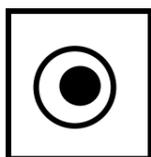
**Only ONE answer per question is allowed.**

**For each question completely fill in the circle alongside the appropriate answer.**

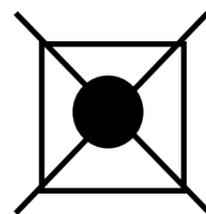
**CORRECT METHOD**



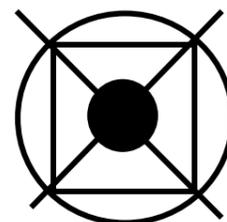
**WRONG METHODS**



**If you want to change your answer you must cross out your original answer as shown.**



**If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.**



0	1
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**Which ONE of these immediately follows 'Input' in the basic information processing model? [1 mark]**

**A Decision making**

**B Feedback**

**C Output**

**[Turn over]**

1



0	2
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**Which ONE of these is an example of a netball coach giving feedback as knowledge of results? [1 mark]**

**A “You must keep your passes short and fast.”**

**B “You need to bend your legs when you land.”**

**C “You need to shoot from above your head.”**

**D “You scored three times in the first quarter.”**

1



0	3
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**Which ONE of these is an example of manual guidance? [1 mark]**

- A A coach demonstrating where to put the feet during a golf swing**
- B A coach finding the faults of a golfer when they swing the club**
- C A coach moving a golfer's feet into the correct position to swing a club**
- D A coach showing video footage of a golf swing**

**[Turn over]**

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<b>1</b>



0	4
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**Which ONE of these can be defined as ‘a convention or unwritten rule in an activity’? [1 mark]**

**A Etiquette**

**B Gamesmanship**

**C Tactics**

**D Teamwork**

<hr/>
<b>1</b>



0	5
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**Which ONE of these is the 'R' in SMART targets of goal setting? [1 mark]**

**A Realistic**

**B Refined**

**C Remembered**

**D Rewarding**

**[Turn over]**

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<b>1</b>





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**[Turn over]**

4



**07.1****Define skill and ability. [2 marks]****Skill** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_**Ability** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_**07.2****Classify the skill of a tennis serve using each of the following classifications:**

- **basic/complex**
- **open/closed**
- **self-paced/externally paced**
- **gross/fine.**

**Justify your choices. [4 marks]**



07.3

**Define arousal. [1 mark]**

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07.4

**Describe the relationship between arousal level and performance level in the inverted-U theory. [3 marks]**

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**[Turn over]**

<b>10</b>

08.1

**Define intrinsic motivation and extrinsic motivation. [2 marks]**

**Intrinsic motivation** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Extrinsic motivation** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

08.2

**Evaluate the effectiveness of extrinsic motivation for a beginner in sport. [4 marks]**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_







09.1

**State THREE different types of sponsorship a sports person may receive. [3 marks]**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

09.2

**‘A sports person who receives sponsorship will see an improvement in their performance.’**

**Discuss this statement. [5 marks]**

\_\_\_\_\_  
\_\_\_\_\_



09.3

**State THREE different types of media.**

**[3 marks]**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_



09.4

**Explain TWO positive effects the media could have on a sport. [4 marks]**

**Positive effect 1** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Positive effect 2** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**[Turn over]**

15



10.1

**State THREE reasons why it is important to have a balanced diet. [3 marks]**

1 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10.2

**Explain THREE negative effects that obesity could have on performance in netball OR basketball. [3 marks]**

1 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**[Turn over]**



10.3

**Outline the role of fats in a balanced diet.  
[1 mark]**

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10.4

**Explain why a games player requires  
carbohydrates AND protein in their diet.  
[4 marks]**

**Carbohydrates** \_\_\_\_\_

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**10.5**

**Somatotyping is a method of classifying body types.**

**Complete TABLE 1, on the opposite page, to identify the correct somatotype from the description.**

**Give a sporting example that each somatotype would be most suited to.  
[4 marks]**



TABLE 1

<b>Description</b>	<b>Somatotype</b>	<b>Sporting example</b>
<b>A pear-shaped body with wide hips and narrow shoulders</b>		
<b>Muscular appearance with wide shoulders and narrow hips</b>		

[Turn over]

15









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**[Turn over]**

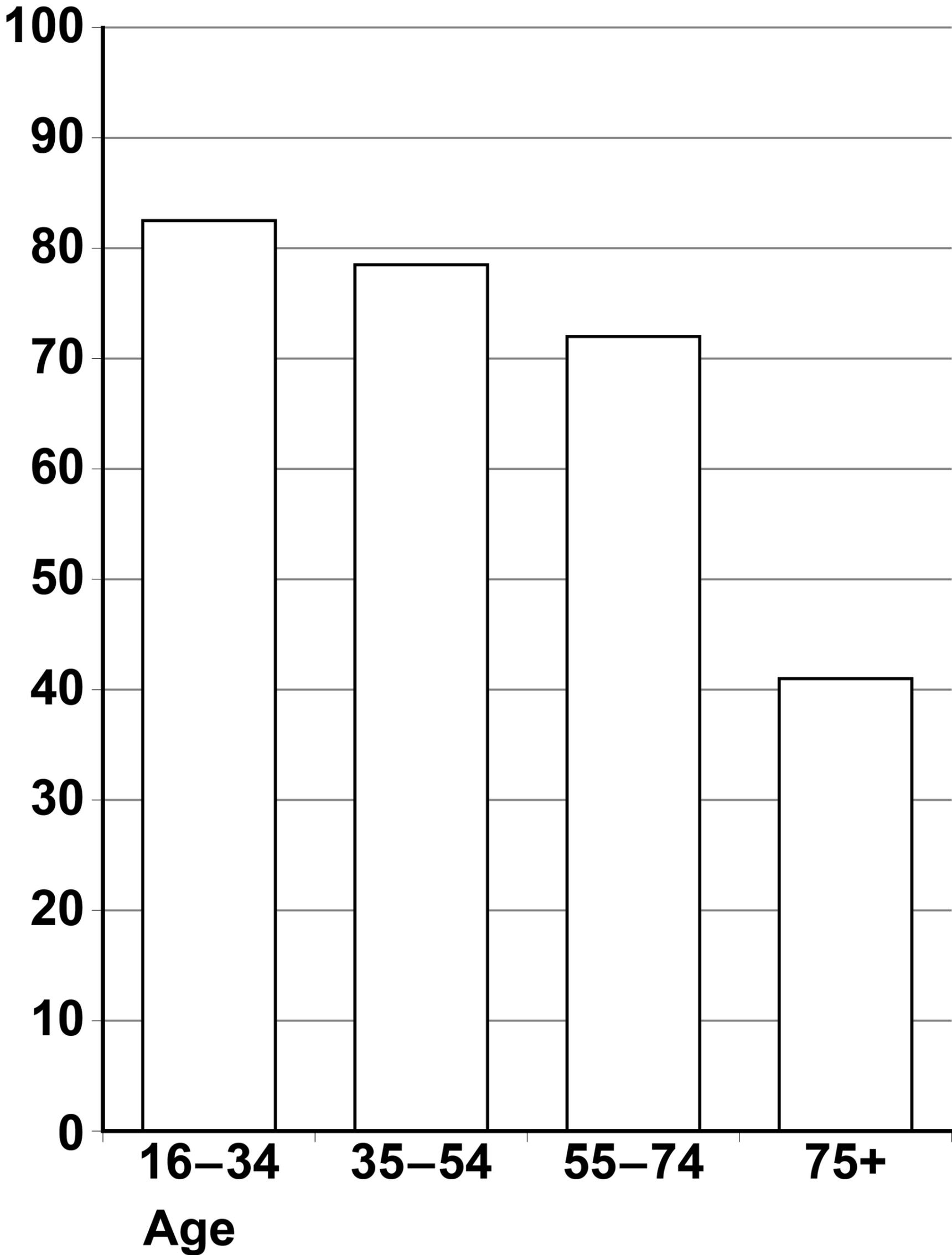


1	2
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**FIGURE 1, on the opposite page, shows the participation levels in physical activity of different age groups in England.**

**FIGURE 1**

**Participation levels in 30+ minutes of physical activity per week (%)**



**[Turn over]**



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For Examiner's Use	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
<b>TOTAL</b>	

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4 2



2 0 6 G 8 5 8 2 / 2