



**Surname** \_\_\_\_\_

**Other Names** \_\_\_\_\_

**Centre Number** \_\_\_\_\_

**Candidate Number** \_\_\_\_\_

**Candidate Signature** \_\_\_\_\_

**I declare this is my own work.**

**GCSE**

**PHYSICAL EDUCATION**

**Paper 2 Socio-cultural influences and wellbeing in  
physical activity and sport**

**8582/2**

**Time allowed: 1 hour 15 minutes**

**At the top of the page, write your surname and other  
names, your centre number, your candidate number  
and add your signature.**

**[Turn over]**



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**For this paper you may use:**

- a calculator.

## **INSTRUCTIONS**

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Answer ALL questions.
- You must answer questions in the spaces provided. Do not write on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

## **INFORMATION**

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
  - use good English
  - organise information clearly
  - use specialist vocabulary where appropriate.

**DO NOT TURN OVER UNTIL TOLD TO DO SO**

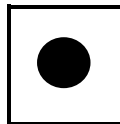


**Answer ALL questions.**

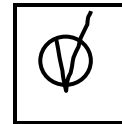
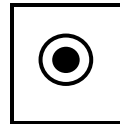
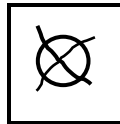
**Only ONE answer per question is allowed**

**For each question completely fill in the circle alongside the appropriate answer.**

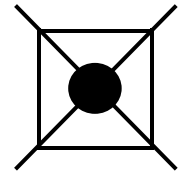
**CORRECT METHOD**



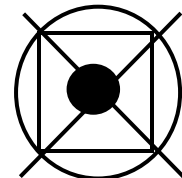
**WRONG METHODS**



**If you want to change your answer you must cross out your original answer as shown.**



**If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.**



0	1
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Which ONE of these is the 'T' in SMART targets of goal setting? [1 mark]

A Task orientated

B Team outcome

C Time bound

D Training programme

[Turn over]



0	2
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**Which ONE of these is a side effect of blood doping?  
[1 mark]**

**A Increased potential of a heart attack**

**B Increased potential of aching joints**

**C Increased potential of muscle tension**

**D Increased potential of nausea**



0	3
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**Which ONE of these is hitting a tennis ball hard an example of? [1 mark]**

**A Direct aggression**

**B Indirect aggression**

**C Physical aggression**

**D Verbal aggression**

**[Turn over]**



0	4
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Which ONE of these requires a low level of arousal for optimal performance? [1 mark]

A Archery

B Boxing

C Rowing

D Rugby





0	5
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Which ONE of these is an example of an open skill?  
[1 mark]

A Discus throw

B Platform dive

C Rugby tackle

D Shot put

[Turn over]

5



06.1

Define the term 'gamesmanship'. [1 mark]

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06.2

Describe TWO different sporting examples of gamesmanship. [2 marks]

1

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2

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**06.3**

**Identify THREE negative side effects on the body of taking beta blockers. [3 marks]**

**1**

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**2**

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**3**

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**[Turn over]**



06.4

**Explain how beta blockers can help improve performance.**

**Use a sporting example in your answer. [2 marks]**

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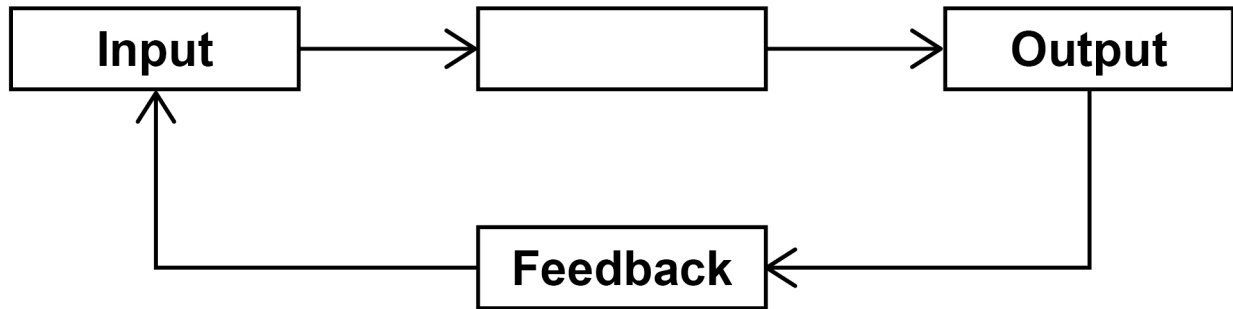
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07

**FIGURE 1** shows the basic information processing model.

**FIGURE 1**



07.1

**Identify the missing stage of the basic information processing model in FIGURE 1. [1 mark]**

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07.2

**Explain what happens at the following stages of the basic information processing model when attempting a shot in netball or basketball:**

- **Input**
- **Feedback.**

**[4 marks]**

**Input** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Feedback** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**[Turn over]**







07.4

Identify AND describe TWO different stress management techniques. [4 marks]

1

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2

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[Turn over]

12



08.1

Identify **THREE** positive effects of sponsorship on **SPORT**. [3 marks]

1

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2

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3

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08.2

Identify **THREE** negative effects of sponsorship on performers. [3 marks]

1

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2

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3

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[Turn over]

6



09.1

**Describe 'social health and wellbeing'. [3 marks]**

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09.2

State **THREE** positive effects that sporting activities can have on 'mental health and wellbeing'. [3 marks]

1

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2

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3

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[Turn over]

6



10

**TABLE 1** shows the body mass index (BMI) scores and average daily calorie intake for five adults.

**TABLE 1**

	Adult 1	Adult 2	Adult 3	Adult 4	Adult 5
Gender	Female	Male	Female	Male	Female
BMI score	19	23	29	31	28
Average daily calorie intake	2300	2400	2000	2500	1900

Analyse the information in **TABLE 1** to answer **QUESTIONS 10.1** and **10.2**.

10.1

Identify which **ONE** of the adults would be classified as obese. [1 mark]

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1	0	.	2
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Identify which **ONE** of the adults is eating above the average required calorie intake per day. [1 mark]

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[Turn over]



10.3

**Gender is one factor that can affect the required calorie intake per day for an individual.**

**Identify AND describe TWO other factors that affect the required calorie intake per day for an individual.**

**[4 marks]**

**Factor 1** \_\_\_\_\_

**Description** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Factor 2** \_\_\_\_\_

**Description** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





1 0 . 4

**Explain TWO negative effects that obesity could have on performance in football or hockey. [2 marks]**

**Negative effect 1** \_\_\_\_\_

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**Negative effect 2** \_\_\_\_\_

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**[Turn over]**



10.5

**Avoiding obesity helps maintain good physical health and wellbeing and improves performance in sport.**

**Explain TWO other ways that good physical health and wellbeing helps to improve performance in sport.**

**[4 marks]**

**1**

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**2**

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12



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**[Turn over]**





1 1 . 2

**Give ONE sporting example of a self-paced skill.**

**Justify your choice. [3 marks]**

**Example** \_\_\_\_\_

\_\_\_\_\_

**Justification** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**[Turn over]**



1 1 . 3

Give ONE sporting example of a gross skill.

Justify your choice. [3 marks]

Example \_\_\_\_\_

\_\_\_\_\_

Justification \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

10



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**[Turn over]**



















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**END OF QUESTIONS**

9









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For Examiner's Use	
Question	Mark
1 to 5	
6	
7	
8	
9	
10	
11	
12	
13	
<b>TOTAL</b>	

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