

Please write clearly in	n block capitals.	
Centre number	Candidate number	
Surname		_
Forename(s)	-	_
Candidate signature	I declare this is my own work.	_

Functional Skills Level 1 ENGLISH

Paper 1 Reading

Time allowed: 1 hour

Materials

For this paper you must have:

• Sources A, B and C which are provided in a separate Insert Booklet.

Instructions

- · Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer all questions.
- You must answer the questions in the spaces provided.
- Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this answer book.
- Cross through any work you do not want to be marked.
- You must refer to the Insert Booklet provided.

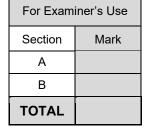
Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 26.
- You may use a dictionary.

Advice

You are advised to check your work carefully.





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	Read Source A and answer Questions 1 to 6 .		
0 1	Use the information in Source A to decide whether each statem is true or false . Put a tick (✓) in the correct box.	ent about t	he patient
	,	True	False
	The patient is a woman.		
	The patient got sleeping pills from the internet.		
	The patient had an accident due to being overtired.		
	The patient will be seen by a doctor.		
			[2 marks]
0 2	You are advised to use a dictionary for this question.		
	The patient in Source A says: 'The next day I'm fractious'.		
	What does the word 'fractious' mean in this quotation?		
	A tiredB unwellC forgetfulD irritable		
	Write the correct letter in the box.		
	Answer		
	/ thewer		[1 mark]
0 3	Source A contains text and a photograph.		
	What extra information about the doctors' surgery does the pho	tograph su	ggest?
	 A Both male and female doctors are available. B The surgery has an X-ray department. C Patients can get vaccinations at the surgery. D Doctors at the surgery can issue prescriptions. 		
	Write the correct letter in the box.		
	Answer		
	Allower		[1 mark]



Do not write outside the box

	True	False
Good sleep helps the body to fight infection.		
Most people sleep for more than eight hours a night.		
Three people suffer from poor sleep.		
People who don't sleep well tend to eat more.		
		[2 mar
You are advised to use a dictionary for this question.		
Source A states: 'helping the body to withstand viruses and bug	ıs.'	
What does the word 'withstand' mean in this quotation?		
A resistB recogniseC understandD weaken		
Write the correct letter in the box. Answer		
, who we it is a second of the		[1 ma
What is the main purpose of the writing in Source A ?		
 A To advertise the Online Doctor service. B To advise people how to get better sleep. C To explain the serious effects of poor sleep. 		
Write the correct letter in the box.		
Answer		[1 ma



	Read Source B and answer Questions 7 to 9 .	
0 7	From the Review section of Source B , identify one positive thing and one ne thing Anita Jones tells us about the Calm app.	egative
0 7.1	Positive thing	
		[1 mark]
0 7.2	Negative thing	
		[1 mark]
0 8	You are advised to use a dictionary for this question.	
	Source B says: 'almost 40 tranquil nature settings.'	
	What does the word 'tranquil' mean in this quotation?	
	 A beautiful B peaceful C colourful D wonderful 	
	Write the correct letter in the box.	
	Answer	[1 mark]



ks:	Do not write outside the box
rk]	

0 9	In Source B , the writer says: 'Close your eyes and listen to 200 soothing soundtracks: a flowing river, garden rain, a tropical jungle'
	The colon (:) in the middle of this sentence
	 A reminds the reader to close their eyes. B acts as a smiling emoji. C is doing the same job as a full stop. D introduces the list of soundtracks.
	Write the correct letter in the box.
	Answer [1 mark]
	Turn over for the next question



—	Questions 10 and 11 refer to Source A and Source B.	
	Compare Source A and Source B.	
	Identify two ways these sources are similar to each other.	
	You could write about:	
	what they look like	
	how they are written what they are about	
	what they are about.	[2 marks
	1. Both sources	
	2. Both sources	
	Compare Source A and Source B.	
	Compare Source A and Source B. Identify two ways these sources are different from each other.	
	Identify two ways these sources are different from each other . You could write about: • what they look like	
	Identify two ways these sources are different from each other . You could write about: • what they look like • how they are written	
	Identify two ways these sources are different from each other . You could write about: • what they look like	[2 marks
	Identify two ways these sources are different from each other. You could write about: what they look like how they are written what they say.	[2 marks
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Section B

	Read Source C and answer Questions 12 to 17.	
1 2	Look at the language and structure used in Source C .	
	What is the main purpose of Source C ?	
	 A To persuade parents to ban their children from using screens at night. B To advise teenagers on lifestyle changes to help them sleep better. C To describe to children the negative effects of a lack of sleep. 	
	Write the correct letter in the box. Answer	
		[1 mark]
1 3	Source C says: 'Insufficient sleep at night can make you feel sleepy'.	
	In this quotation what does 'insufficient' mean?	
	 A disrupted B unsatisfactory C too much D not enough 	
	Write the correct letter in the box.	
	Answer	[1 mark]
1 4	What does 'lack of sleep amongst teenagers is escalating' mean?	
	 A Teenagers find it difficult to deal with lack of sleep. B Teenagers find it easy to deal with lack of sleep. C The number of teenagers experiencing lack of sleep is rising. D The number of teenagers experiencing lack of sleep is falling. 	
	Write the correct letter in the box.	
	Answer	
	74104101	[1 mark]



1 5	Use the information in Source C to decide whether each statemer Put a tick (\checkmark) in the correct box.	nt is true	or false

	True	False
Lack of sleep can improve friendships.		
It's okay to have caffeine in the mornings.		
Eight hours' sleep is the minimum a teenager should have.		
You should switch off screens at bedtime.		

[2 marks]

1 6	Use the information in Source C to decide whether each statement is fact or opinion.
	Put a tick (\checkmark) in the correct box.

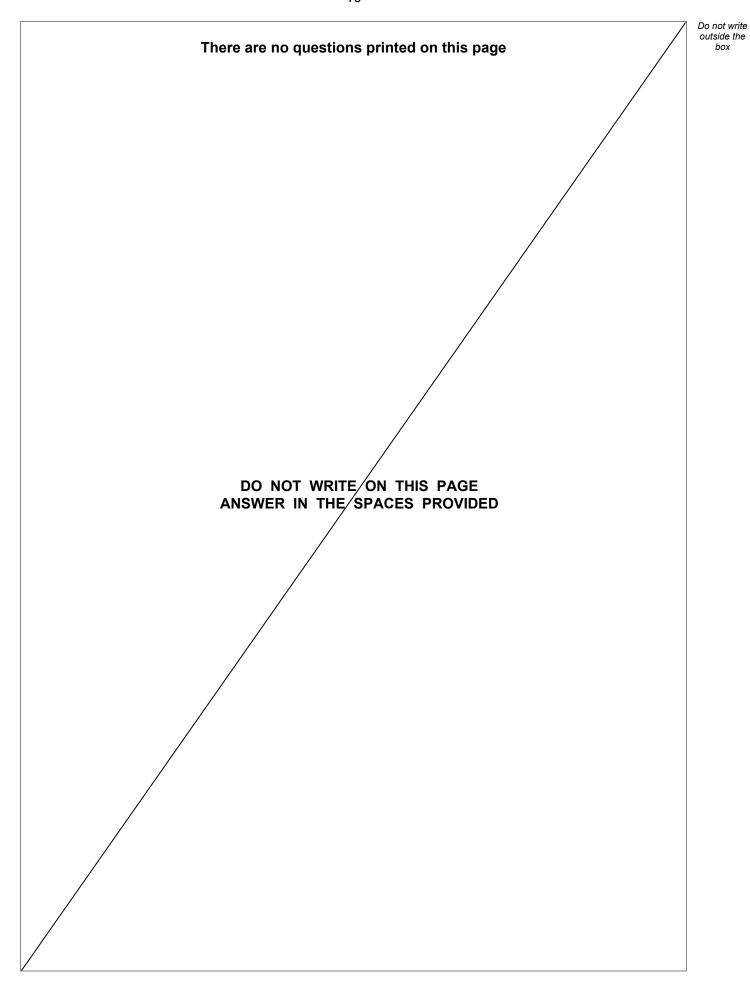
	Fact	Opinion
Teenagers are just idle		
Coffee is delicious		
Everyone loves a long, lazy lie-in		
caffeine too near to bedtime can stop you falling asleep		

[2 marks]



1 7	A friend has told you that they have problems with sleeping. You have promised to research sleep problems to help your friend.	De O
	From Source C , make a list of things your friend could do to help them sleep better . [3 marks]	
		_
	END OF QUESTIONS	







Question number	Additional page, if required. Write the question numbers in the left-hand margin.



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