



**Surname** \_\_\_\_\_

**Other Names** \_\_\_\_\_

**Centre Number** \_\_\_\_\_

**Candidate Number** \_\_\_\_\_

**Candidate Signature** \_\_\_\_\_

**I declare this is my own work.**

## **Functional Skills Level 1**

### **ENGLISH**

**Paper 1 Reading**

**8720R**

**Time allowed: 1 hour**

**At the top of the page, write your surname and other names, your centre number, your candidate number and add your signature.**

**[Turn over]**



**For this paper you must have:**

- **SOURCES A, B and C which are provided in a separate Insert Booklet.**

## **INSTRUCTIONS**

- **Use black ink or black ball-point pen.**
- **Answer ALL questions.**
- **You must answer the questions in the spaces provided.**
- **Do not write on blank pages.**
- **If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).**
- **Do all rough work in this answer book.**
- **Cross through any work you do not want to be marked.**
- **You must refer to the Insert Booklet provided.**



## **INFORMATION**

- **The marks for questions are shown in brackets.**
- **The maximum mark for this paper is 26.**
- **You may use a dictionary.**

## **ADVICE**

- **You are advised to check your work carefully.**

**DO NOT TURN OVER UNTIL TOLD TO DO SO**



## SECTION A

Read SOURCE A and answer QUESTIONS 1 to 6.

0	1
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Use the information in SOURCE A to decide whether each statement about the patient is TRUE or FALSE. Put a tick (✓) in the correct box. [2 marks]

	TRUE	FALSE
The patient is a woman.		
The patient got sleeping pills from the internet.		
The patient had an accident due to being overtired.		
The patient will be seen by a doctor.		



0	2
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You are advised to use a dictionary for this question.

The patient in SOURCE A says: 'The next day I'm fractious'.

What does the word 'fractious' mean in this quotation?

- A tired
- B unwell
- C forgetful
- D irritable

Write the correct letter in the box. [1 mark]

Answer

[Turn over]



0	3
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**SOURCE A contains text and a photograph.**

**What EXTRA information about the doctors' surgery does the photograph suggest?**

- A Both male and female doctors are available.**
- B The surgery has an X-ray department.**
- C Patients can get vaccinations at the surgery.**
- D Doctors at the surgery can issue prescriptions.**

**Write the correct letter in the box. [1 mark]**

**Answer**



0	4
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Use the information in **SOURCE A** to decide whether each statement about sleep is **TRUE** or **FALSE**. Put a tick (✓) in the correct box. [2 marks]

	<b>TRUE</b>	<b>FALSE</b>
<b>Good sleep helps the body to fight infection.</b>		
<b>Most people sleep for more than eight hours a night.</b>		
<b>Three people suffer from poor sleep.</b>		
<b>People who don't sleep well tend to eat more.</b>		

[Turn over]



0	5
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You are advised to use a dictionary for this question.

**SOURCE A** states: ‘...helping the body to withstand viruses and bugs.’

What does the word ‘withstand’ mean in this quotation?

- A resist
- B recognise
- C understand
- D weaken

Write the correct letter in the box. [1 mark]

Answer





0	6
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What is the **MAIN** purpose of the writing in **SOURCE A**?

- A To advertise the Online Doctor service.**
- B To advise people how to get better sleep.**
- C To explain the serious effects of poor sleep.**

Write the correct letter in the box. [1 mark]

Answer

[Turn over]



Read SOURCE B and answer QUESTIONS 7 to 9.

07

From the REVIEW SECTION of SOURCE B, identify ONE positive thing and ONE negative thing Anita Jones tells us about the Calm app.

07.1

Positive thing \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

[1 mark]

07.2

Negative thing \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

[1 mark]



0	8
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You are advised to use a dictionary for this question.

**SOURCE B** says: ‘...almost 40 tranquil nature settings.’

What does the word ‘tranquil’ mean in this quotation?

- A beautiful
- B peaceful
- C colourful
- D wonderful

Write the correct letter in the box. [1 mark]

Answer

[Turn over]



0	9
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In **SOURCE B**, the writer says: ‘Close your eyes and listen to 200 soothing soundtracks: a flowing river, garden rain, a tropical jungle...’

The colon (:) in the middle of this sentence

- A** reminds the reader to close their eyes.
- B** acts as a smiling emoji.
- C** is doing the same job as a full stop.
- D** introduces the list of soundtracks.

Write the correct letter in the box. [1 mark]

Answer



**BLANK PAGE**

**[Turn over]**



**QUESTIONS 10 and 11 refer to SOURCE A and SOURCE B.**

**1 0**

**Compare SOURCE A and SOURCE B.**

**Identify TWO ways these sources are SIMILAR TO EACH OTHER.**

**You could write about:**

- what they look like
- how they are written
- what they are about.

**[2 marks]**

**1. Both sources** \_\_\_\_\_

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**2. Both sources** \_\_\_\_\_

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1 1

Compare SOURCE A and SOURCE B.

Identify TWO ways these sources are DIFFERENT FROM EACH OTHER.

You could write about:

- what they look like
- how they are written
- what they say.

[2 marks]

Difference 1 \_\_\_\_\_

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Difference 2 \_\_\_\_\_

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[Turn over]

16



**SECTION B**

Read **SOURCE C** and answer **QUESTIONS 12 to 17**.

1	2
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Look at the language and structure used in **SOURCE C**.

What is the main purpose of **SOURCE C**?

- A To persuade parents to ban their children from using screens at night.**
- B To advise teenagers on lifestyle changes to help them sleep better.**
- C To describe to children the negative effects of a lack of sleep.**

Write the correct letter in the box. [1 mark]

Answer





1	3
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**SOURCE C** says: ‘Insufficient sleep at night can make you feel sleepy’.

In this quotation what does ‘insufficient’ mean?

- A** disrupted
- B** unsatisfactory
- C** too much
- D** not enough

Write the correct letter in the box. [1 mark]

Answer

[Turn over]



1	4
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**What does ‘...lack of sleep amongst teenagers is escalating’ mean?**

- A Teenagers find it difficult to deal with lack of sleep.**
- B Teenagers find it easy to deal with lack of sleep.**
- C The number of teenagers experiencing lack of sleep is rising.**
- D The number of teenagers experiencing lack of sleep is falling.**

**Write the correct letter in the box. [1 mark]**

**Answer**



1 5

Use the information in SOURCE C to decide whether each statement is TRUE or FALSE. Put a tick (✓) in the correct box. [2 marks]

	TRUE	FALSE
Lack of sleep can improve friendships.		
It's okay to have caffeine in the mornings.		
Eight hours' sleep is the minimum a teenager should have.		
You should switch off screens at bedtime.		

[Turn over]



1 6

Use the information in **SOURCE C** to decide whether each statement is **FACT** or **OPINION**. Put a tick (✓) in the correct box. [2 marks]

	FACT	OPINION
Teenagers are just idle...		
Coffee is delicious...		
Everyone loves a long, lazy lie-in...		
... caffeine too near to bedtime can stop you falling asleep...		

1 7

A friend has told you that they have problems with sleeping. You have promised to research sleep problems to help your friend.

From **SOURCE C**, make a **LIST** of things your friend could do to **HELP THEM SLEEP BETTER**. [3 marks]

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**END OF QUESTIONS**

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10



**Additional page, if required.**

**Write the question numbers in the left-hand margin.**


Additional page, if required.

Write the question numbers in the left-hand margin.

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For Examiner's Use	
Section	Mark
A	
B	
<b>TOTAL</b>	

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