

Functional Skills Level 2 ENGLISH

Paper 1 Reading

Insert

The three sources that follow are:

Source A: a website article about becoming a vegan

Source B: an extract from an interview with a young vegan student

Source C: a newspaper report about vegan food

**Please open the Insert fully
to see all three sources**

Source A

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Source B

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Source C**Greggs' famous vegan sausage roll**

By Rebecca Smithers, Consumer affairs correspondent

Greggs sells 1.5m traditional pork sausage rolls a week. Early in 2019 they launched their vegan version which was designed to emulate some of the original's classic features. It has 96 layers of light and crisp puff pastry and a filling made from the meat alternative, Quorn. It became so popular that it led to a 13.5% increase in sales.



The vegan sausage roll costs £1.10, exactly the same as the meat version. The chain also added a savoury Mexican bean vegan wrap to its sandwich range in May 2019.

Supermarkets continue to expand their plant-based ranges. Marks & Spencer's Plant Kitchen has more than 50 meat and dairy-free plant-based fresh meals, including salads and snacks. It includes a vegan coleslaw and the first supermarket Vegan Sourdough Pizza. Sainsbury's introduced Shroomdogs – a mushroom-based sausage which is definitely worth a try.

One in eight Britons is now vegetarian or vegan – thanks to inventions like Tesco's Beyond Burger - and a further 21% say they are flexitarian, eating a largely vegetable-based diet, with occasional meat. Also launched in 2019, the company THIS created a range of meat alternatives like This Is Not Chicken while Cauldron offer vegan falafel and tandoori bites.

END OF SOURCES

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**Open out this page to see
Source B and Source C**

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